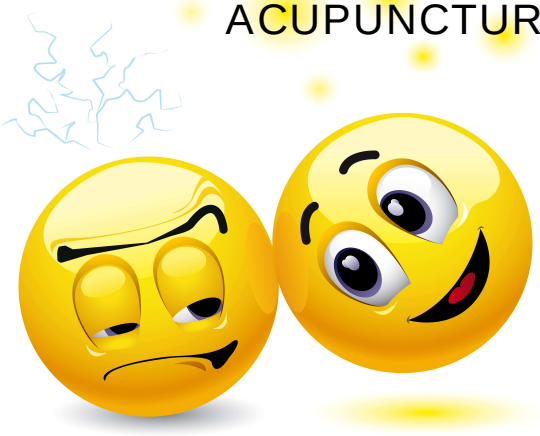
THE ROLE OF THE EMOTIONS IN ACUPUNCTURE DIAGNOSIS AND TREATMENT



Workshop I: The Five *Zhi* (Wills of Life)
Saturday 30th April 2011

Workshop II: The Seven Internal Causes of Disease
Sunday 1st May 2011

BERKELEY, CA registration: 8.30 - 9 am
workshop: 9am - 5pm

In Daoist philosophy emotions can manifest one's authentic or proper nature (*xing*) and, at the same time, can accrue and cause devastating internal imbalance. As a practitioner, how do we differentiate between healthy expressions and presentations of disease, and, crucially, how can we subsequently support health whilst effectively treating emotional distress?

The role of the emotions will be presented as two independent but inter-related days, considering first the five wills of life (the healthy expressions of the five elements) and secondly the seven emotions (the internal causes of disease).

All students and practitioners with an interest in classical acupuncture and the five elements are most welcome, irrespective of their training or style of practice.

Workshop I:

This day will explore how the five wills of the five elements manifest in ourselves and our patients, in life and in the treatment room, helping us to more accurately support health and individuality.

Through experiential exercises we will better understand the five expressions of life of wood (anger/assertion), fire (joy/elation), earth (sympathy/thoughtfulness), metal (grief/connection and loss) and water (fear/vigilance). We will consider a range of individual points and point groups that support this movement of *zheng* (regulatory) *qi*, which is a major component of preventative medicine.

Workshop II:

This day will explore how the seven emotions (anger, excitation, fear, fright, sadness, oppression and worry) can accrue within the void of the heart and disturb the relationship of the spirits and essences, *qi* and blood and the workings of the twelve officials.

We will recognize each of the internal causes of disease by their effects on the movement of *qi*, and consider individual points and point combinations that re-establish the movement of *zheng* (regulatory) *qi* and restore emotional health.

ADVANCED REGISTRATION: 10% DISCOUNT IF PAID IN FULL BY 4TH MARCH 2011

COST: $175 for one workshop or $300 for both. **Please register no later than one month in advance** (by 1st April) by email to Mkea33@aol.com

REGISTRATION: requires payment in full, by cheque to Marlene Elbin, 5824 Marshall St, Oakland, CA 94608. Telephone: (510) 601 8233. You may be able to register after the deadline (1st April), up to the first day space permitting, but you will then be charged the **late registration fee** of $200 for one day or $350 for two days.

STUDENT DISCOUNT: deduct $50 if paid in full by 1st April.

CANCELLATION/REFUND POLICY: Cancellations made up to four weeks before the event will result in a full refund less a $50 processing fee. No refunds are made for cancellations with less than four weeks notice. We require four weeks advanced registration to allow for the cancellation of this workshop, should it be under-booked, with full refund to you.

CEUs: Each workshop is pending approval by the California Acupuncture Board (provider # 417) for 6 hours of continuing education in Category 1, and pending 6 PDA points from the NCCAOM (provider # 807).

Workshops co-sponsored by Ongiara College of Acupuncture and Moxibustion www.ongiaracollege.ca
and by TendingShen Inc. www.tendingshen.com
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